

5k Run & 1 mile Walk Fees:

Postmarked by June 1st \$15

Late/Race Day \$20

Children 14 and under by June 1st \$10

Children 14 and under Race Day \$15

Mail check and forms payable to:
Good Shepherd Lutheran Church

327 Woods Mill Rd.
Manchester, MO 63011
Attn: Race to Erase



**July 5th, 2008
5k race and
1 mile walk**

Date/Time: July 5, 2008, start time is 9 a.m.
(Race Day Registration begins at 8 a.m.)

Location: Queeny Park, Manchester, MO site 1
North of Manchester Rd. off Weidman Rd.

Shirts: Classic short sleeve t-shirt guaranteed for those registered by June 1.

Courses: The 5k run and 1 mile walk will be within the park. Please be cautious as the trail is a little rocky at times.

Ways to sign-up

1. Pick up an entry form, fill it out and it send it in.
2. Go to www.gslc.com Or www.runwithapurpose.com click on *Race to Erase*, print off the form, fill it out and send it in.
3. Wait till the day of the race to sign up at 8 am during registration. Cash or check only.



Packet Pick-up:

Between June 31st-July 3rd,
8 a.m.- 4 p.m.
Good Shepherd Lutheran Church
327 Woods Mill Rd.
Manchester, MO 63011

Post Race: Post race refreshments will be available for purchase and awards will be presented at 10:15 am.

Charity: Proceeds from this event will be directed to World Servants as they send mission volunteers from Good Shepherd Lutheran Church to Klima, Kenya. World Servants is a 501(c)3 organization that leads groups and individuals around the world to help serve communities in need. World Servants and GSLC will partner to build an orphanage to house and educate orphans affected by the AID's epidemic.

Please make copies and use a separate form for each entrant. Please print.

Name: _____ Address: _____
Last First

Email: _____ T-shirt size: Small
Medium Check here if you do not want a t-shirt
Large
X-Large

Phone #: _____ Age: _____ Sex: Female Male

I will participating in the: 5k run 1 mile walk

Participant must sign this waiver in order to participate in the Race. I affirm I am a voluntary participant in this event and in good physical condition. I realize that the event is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume risks associated with running or walking in this event including, but not limited to: falls, contact with other participants, the effects of bad weather including high heat/humidity, the conditions of the road and trail on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone acting on my behalf, waive and release St. Louis County, Queeny Park, the city of Manchester, Good Shepherd Lutheran Church, all sponsors, and representatives, from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence and carelessness of the persons named in this waiver. I hereby give my permission to Race to Erase coordinators to use my photograph or video image made during the event for promotional material and publications, and waive any rights of compensation or ownership thereto.

Signature: _____
Parent Signature: _____
(if under 18 years of age)

Date: _____
Date: _____

Date Received: _____ Ck # _____ Cash _____